| Course | Lead | Dates \& Duration | Type |
| :---: | :---: | :---: | :---: |
| Introduction to CAMHS | Session 1 <br> Joleen Ross | $\begin{gathered} 28.04 .21 \\ 3.30-5.30 \mathrm{pm} \end{gathered}$ | Training for Professionals |
| Introduction to CAMHS | Session 2 <br> Caroline Jones | $\begin{gathered} 05.05 .21 \\ 3.30-5.30 \mathrm{pm} \end{gathered}$ | Training for Professionals |
| Introduction to CAMHS | Session 3 <br> Christina Gray | $\begin{gathered} 12.05 .21 \\ 3.30-5.30 \mathrm{pm} \end{gathered}$ | Training for Professionals |
| Introduction to CAMHS | Session 4 <br> Joanne Comerford \& Aaron DixonCave | $\begin{gathered} 19.05 .21 \\ 3.30-5.30 \mathrm{pm} \end{gathered}$ | Training for Professionals |
| FRIENDS Programme | ONLINE COURSES | NO RESTRICTIONS - ONLINE SO AVAILABILITY FLEXIBLE |  |


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| Transition Support | Joanne Comerford \& Christina Gray | 08.06.21 | Teacher Offer <br> Introduction to Sessions and accompanying materials <br> Additional whole class materials <br> Signposting for additional |
| Transition Support | Joanne Comerford \& Christina Gray | 09.06.21 | Parent / Carer Offer <br> Tips for managing your child's transition <br> Signposting for additional support |
| Transition Support | Joanne Comerford \& Christina Gray | $\begin{aligned} & 10.06 .21 \\ & 16.06 .21 \\ & 17.06 .21 \end{aligned}$ | Pupil Offer <br> 3 online sessions |
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| Everyone Worries <br> This resource is also available on the service padlet. | 1 hour online or in class presentation | Dates arranged via your Healthy Minds Team link worker | For Pupils via Presentation |


| Everyone Worries Return to School This resource will be made available on the service padlet after the sessions. | Samantha Hogan \& Natalie Doyle 1 hour Webinar | 22.4.21 <br> - 10am <br> 12noon | Parents \& Carer Online Webinar <br> This resource is also available online for self eduaction. |
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| 5 Ways to Wellbeing <br> This resource is also available as a presentation for schools. | The course offered over a number of sessions. | Dates arranged via your Healthy Minds Team link worker | For Pupils via Presentation |
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| Key Ideas for Working Systemically with Families | Samantha Hogan | 21.06.21 <br> 2 hour <br> Webinar <br> 3.30-5.30pm | Training for Professionals |

